

PUBLICHEALTH2026



**INTERNATIONAL CONFERENCE ON
Public Health and Preventive Medicine**



May 28-29, 2026



Barcelona, Spain

FINAL PROGRAM

Welcome Message from the Conference Chair

Welcome to the International Conference on Public Health and Preventive Medicine 2026 in Barcelona! It is my honour as Conference Chair to welcome such an inspiring and diverse global community of researchers, practitioners, policymakers, and innovators. In an era of complex health challenges, this gathering is a powerful opportunity to share insights, forge collaborations, and ignite action that accelerates equitable and sustainable health solutions. Together, we will explore breakthrough ideas, evidence-based strategies, and inclusive approaches that shape the future of public health. Thank you for joining us – let's challenge, connect, and transform health for all.

Warm regards,

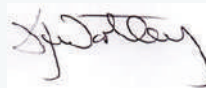
David Wortley FRSA

Chair, PublicHealth2026

Non-Executive Director World Lifestyle Medicine Education Services (WLMES)

Vice President of the International Society of Digital Medicine (ISDM)

United Kingdom



Welcome Message from the Conference Co-Chair

Dear Colleagues, Distinguished Speakers, and Esteemed Participants,

It is both an honor and a responsibility to serve as Co-Chair of PublicHealth2026. Public health today stands at a critical intersection where prevention, precision medicine, digital innovation, and systems thinking must converge to create sustainable global impact.

This conference represents more than a scientific gathering; it is a collaborative platform where research transforms into policy, innovation translates into practice, and knowledge evolves into measurable health outcomes. As we navigate emerging global health challenges, interdisciplinary dialogue and evidence-based strategies are essential.

I look forward to engaging discussions, meaningful collaborations, and forward-thinking contributions that will shape the future of preventive medicine and population health.

Let us work together to build resilient, equitable, and data-driven health systems for the generations ahead.

Warm regards,

Prof. Dr. Gülsen Meral, MBA, MD, PhD

Professor in Pediatrics

PhD in Medical Genetics

Co-Chair, PublicHealth2026

Founder, Epigenetic Coaching UK

Istanbul Nişantaşı University



DAY-1 | MAY 28, 2026

08:30 - 09:00

REGISTRATION

On-Spot Registration & ID Card Collection

09:00 - 09:30

OPENING

Opening Ceremony by Conference Chair & Co-chair

David Wortley FRSA & Gulsen Meral

Plenary Presentations (9:30-12:05)

09:30-10:05

PLENARY

Community Wellness Hubs and Lifestyle Medicine Technologies in Public Health

David Wortley FRSA

Non-Executive Director, World Lifestyle Medicine Education Services (WLMES), UK

10:05-10:40

PLENARY

Leadership and Strategy of Population Health using Agentic AI

Mohan Tanniru

Zuckerman College of Public Health, USA

10:40-11:15

PLENARY

From Patient to Citizen: A Sovereign Health Data Space

Manuel Albarracín

Founder, Systemik Health Technologies, Spain

11:15-11:30

BREAK

Coffee Break & Networking

11:30-12:05

PLENARY

Exospection: The Imperative for Societal Wellbeing

Stephen Judge

Founding Creative Director, Bonfire Creative Intelligence, UK

Featured Symposium (12:05-12:35)

12:05-12:35

FEATURED

From Behaviour to Belonging: Designing Preventive Systems around our Children

Lynette Ranson, Beckie Richards, Emma Cholawo, Julie Carter

Coventry and Warwickshire Partnership Trust & Coventry and Warwickshire Integrated Care Board, UK

12:35-13:35

BREAK

Networking Lunch and Group Photograph

Keynote Presentations (13:35-15:35)

13:35-14:05

KEYNOTE

Our Future as Patients: Challenges for Digital Healthcare Technologies

David Marí

Director of the Digital Health R&D group at Eurecat, Spain

14:05-14:35

KEYNOTE

A Dual-Method Approach to Forecasting American Healthcare Costs Using ML and Statistical Models

John Wang

Montclair State University, USA

14:35-15:05

KEYNOTE

Title: Turning Back the Epigenetic Clock: A Precision Health Roadmap Integrating a Nutrigenetics-based Epigenetic Approach to Optimize Longevity

Gulsen Meral

Istanbul Nisantasi University, Founder at Epigenetic Coaching, UK

15:05-15:35

KEYNOTE

Building Inclusive Futures: Public Health Approaches to Supporting Children with Special Needs

Divya Rose Peter

Management and Science University, Malaysia

15:35-15:50

BREAK

Coffee Break & Networking

Featured Oral Presentations (15:50-17:30)

15:50-16:10

FEATURED

What do We Know Now About Breast Cancer and How is Prevention Carried Out?

Zorka Inić

Institute of Oncology and Radiology of Serbia, Serbia

16:10-16:30

FEATURED

Supporting the Mental Health of Third Culture Kids: A Preventive Public Health Approach for Globally Mobile Families

Giulia Schembri

St George's British International School, Italy

16:30-16:50

FEATURED

Evidence Gaps in Psychometric Validation of Chronic Stress Patient-Reported Outcome Measures for African American Adults: A COSMIN Systematic Review

Michelle Fizer Robinson

Florida International University, USA

16:50-17:10

FEATURED

I'm Falling and I Can't Get Up

Lionell L. Pate

Owner and Operator, Sophisticated Movement, LLC, USA

17:10-17:30

FEATURED

Expanding the Genomic Landscape of Andes Virus in Chile: Evidence of a Distinct Variant

Hade Andrea Ramos Acevedo

Pontifical Catholic University of Chile, Chile

Poster Presentation & Networking Session (17:30-17:45)

Addressing Social Determinants of Health Through Medical-Legal Partnerships: Multilevel Outcomes from the Health Law Partnership

Susan McLaren

Georgia State University, USA

17:45-18:00

Certificate Distribution & Speaker Recognition

Day 1 Closing Session | Wrap-Up & Highlights

DAY-2 | MAY 29, 2026

Plenary Presentations (9:30-12:05)

09:30-10:05

PLENARY

Redefining the Paramedic's Offer to Society: Leading Change at RGU

James Brogan

Principal Lecturer, Paramedicine, Robert Gordon University, Aberdeen, UK

10:05-10:40

PLENARY

African Americans' Perceptions of Sociocultural Determinants of Suicide: Toward the Development of an Afrocentric Public Health Model

Valerie Borum

Former Director and Professor, Toronto Metropolitan University, Canada

10:40-11:15

PLENARY

Walking the Talk of Public Health System Transformation in Catalonia: The CAIROS Reform Programme

Tino Marti

Analysis and Strategy Officer, Department of Health, Government of Catalonia, Spain

11:15-11:30

BREAK

Coffee Break & Networking

11:30-12:05

PLENARY

From Absence to Advantage: Re-imagining Public Health Through Workforce Systems, Social Determinants, and Governance

Shane Farrelly

Population Health Expert & European Clinical Director, HealthNEXT, Portugal

Interactive Workshop Sessions

Workshop Session 1: Stress and Anxiety Regulation in Public Health (12:05-12:35)

12:05-12:35

A Public Health Framework for Stress and Anxiety Regulation: Moving from Crisis Response to Preventive De-Escalation

Fernanda Prado

Founder, Confident Mind Ltd, UK

12:35-13:35

BREAK

Networking Lunch and Group Photograph

Workshop Session 2: Capacity Fatigue & Public Health Futures (13:35-14:20)

13:35-14:20

The Pandemic No One Diagnosed: Capacity Fatigue and the Future of Public Health

Michelle Harris

Founder, Anew Health Solutions, USA

Keynote Presentations (14:20-17:05)

14:20-14:50

KEYNOTE

The Risk for Emergence and Re-Emergence of Infectious Diseases in a Post-Pandemic Era

Leidon Shapo

Independent Public Health Consulting, UK

14:50-15:20

KEYNOTE

Implications of Racism in Public Health Practice and Leadership

Derrick Neal

Chief Public Health Officer, Cambridge Health Alliance, USA

15:20-15:50

KEYNOTE

How Health Communication and Social Support Strengthens Public Health Practice - Fieldwork Experiences Explored

Felicia A. Gokool, EdD, MS, MA

Founder and CEO, Together in Unity, LLC, USA

15:50-16:05

BREAK

Coffee Break & Networking

16:05-16:35

KEYNOTE

Two-Eyed Seeing and Indigenous Youth Wellness: Strengthening Public Health Through Culture, Connection, and Belonging

Zaida Rahaman

Department of Nursing, Brock University, Canada

16:35-17:05

KEYNOTE

The Behaviour Gap: Why Weight-Loss Medication Alone Isn't Enough

Sandra Roycroft-Davis

Founder and Creator of the Slimpod Programme, Thinking Slimmer, UK

Virtual Presentations(17:05-17:45)

Child Development Leading to the Pursuit of Virtues and the Avoidance of Vices

Gerald H Katzman

Wayne State University School of Medicine, USA

The Era of Vaccines

Minerva Kelada

Chief Medical Officer, County of Imperial, USA

17:45-18:00

Certificate Distribution & Speaker Recognition

Day 2 Wrap-Up & Highlights | Conference Closing Ceremony & Group Photograph

COLLABORATING PARTNERS



A Message of Gratitude and Future Collaboration

On behalf of Creovate Conferences and PublicHealth2026, we extend our sincere appreciation to all speakers, delegates, scientific committee members, partners, and organizers whose contributions continue to make this international gathering impactful and inspiring. A special note of gratitude to our Conference Chair, David Wortley FRSA, and Conference Co-chair, Gulsen Meral, for their exceptional leadership and vision in shaping PublicHealth2026.

PublicHealth2026 stands as a shared space where science meets collaboration, innovation meets purpose, and global voices unite to shape the future of public health and preventive medicine. Set against the vibrant and inspiring backdrop of Barcelona, Spain, this conference brings together researchers, healthcare professionals, innovators, policymakers, and academic leaders from around the world to exchange ideas, spark meaningful conversations, and explore transformative approaches toward healthier communities and sustainable healthcare systems.

We hope PublicHealth2026 offers an enriching, engaging, and impactful experience for all participants, fostering meaningful connections and lasting collaborations beyond the conference. As you continue your professional journeys across institutions, organizations, and communities worldwide, we wish you continued success and inspiration in advancing global public health.

As new collaborations emerge and innovative ideas continue to evolve beyond this platform, we are delighted to announce the **next edition**:

2ND INTERNATIONAL CONFERENCE ON PUBLIC HEALTH AND PREVENTIVE MEDICINE

May 27-29, 2027 | Prague, Czech Republic

Website: <https://creovateconferences.com/publichealth-preventivemedicine>

We look forward to welcoming you again as we continue building a healthier and more connected future together.

Warm regards,

Balivada Sravani

Director, Creovate Conferences

Conference Manager, PublicHealth2026

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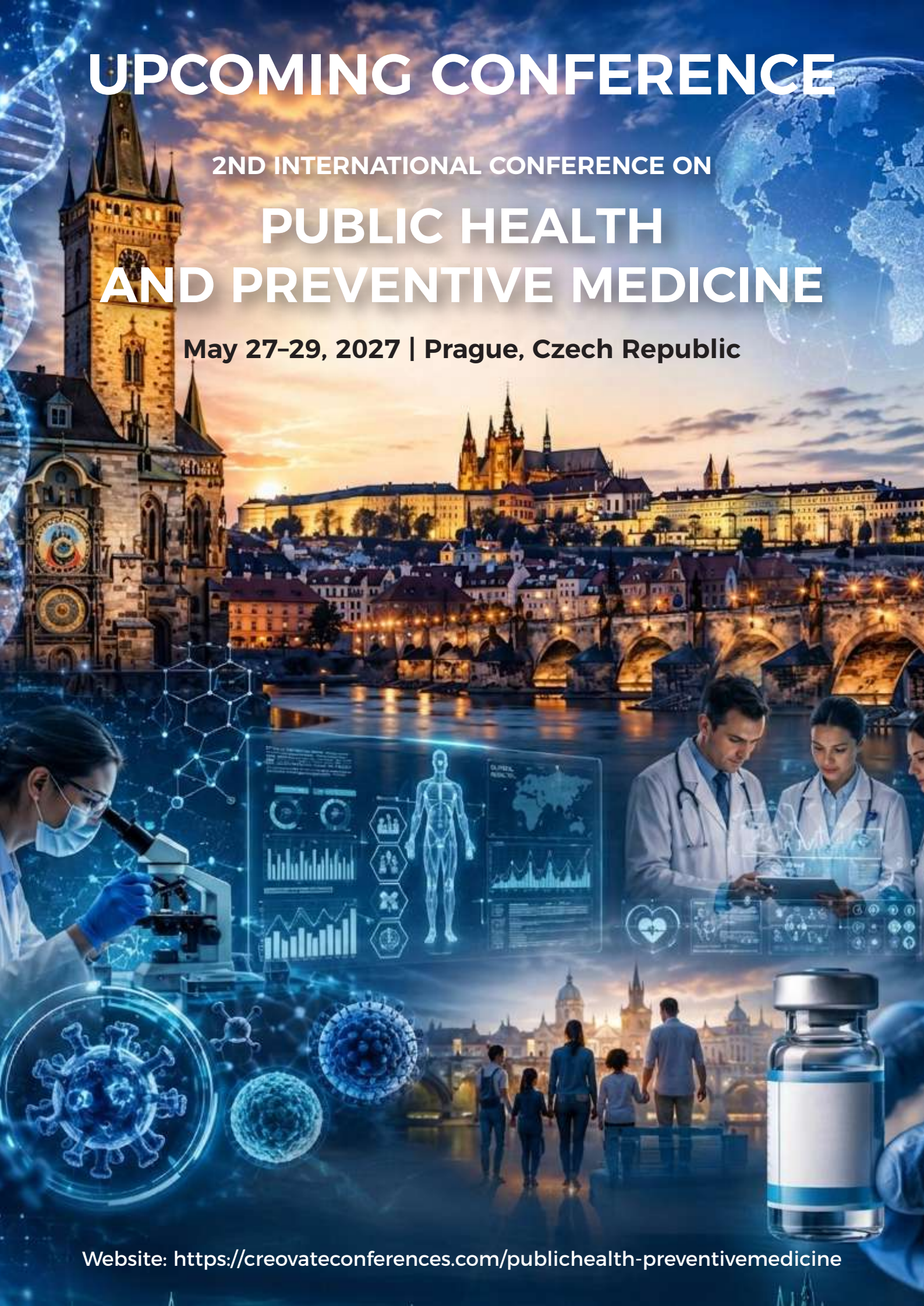
Website: <https://creovateconferences.com/publichealth>

UPCOMING CONFERENCE

2ND INTERNATIONAL CONFERENCE ON

PUBLIC HEALTH AND PREVENTIVE MEDICINE

May 27-29, 2027 | Prague, Czech Republic



Website: <https://creovateconferences.com/publichealth-preventivemedicine>